

Shift Your Money Mindset



Take a pen and follow the 4 steps to shift your Money Mindset

Step 1. Recognize – What are your limiting beliefs?

Step 2. Appreciate – What is it that you already have? Take a moment to write it down and appreciate it.

Step 3. Transform – Rewrite your limiting beliefs by transforming them into your positive money affirmations.

Step 4. Implement – Write down three small practical changes that you want to implement in your life.

